Explore the city after work

Costa Rica offers many options for recreation. Below are some suggestions that you may consider when spending time off in the city or outside San Jose.

City Tour

This tour immerses you in the rich Costa Rican culture and history by experiencing the beautiful museums and historical sites of San José. It begins with an orientation and drive through the beautiful Sabana Park. Next, we will take a walking tour through the historic National Theater. Completed in 1897, the theater is a masterpiece in art and architecture. Afterwards you will visit one of the many unique museums of Costa Rica. Will continue heading to the University of Costa Rica, the Supreme Court and various sites of interest. A brief stop will be made in Moravia allowing you to browse through the beautiful craft shops located in this area.

Poas Volcano & La Paz Waterfall Gardens

Depart San Jose and ascend 5000 feet towards the Poás Volcano (8.200 feet). This is the largest accessible volcanic crater in the world. It will enthrall you with the brilliant turquoise color of the water in its cauldron and the steam spurting from various volcanic events. Continue later to La Paz Waterfall Gardens, where you will find towering waterfalls, butterflies, hummingbirds, frogs, serpentary.

Irazú Volcano

Irazú Volcano, towering 3,432 meters over the sea level, is the highest peak in the Central Volcanic Mountain Range and has been inactive for the last forty years. The winding road that leads to the summit of the volcano passes breathtaking scenery and provides glimpses of country life in one of the most fertile agricultural regions of Costa Rica After the volcano











Arenal Volcano

Travel three hours through the central highlands to one of the world's most active volcanoes. You will be thrilled by the constant eruptions and lava flows of this magnificent volcano. Day and night tours available. Better viewing at night.

Coffee Tour

This tour is in an actual coffee plantation and visitors are invited to the theatrical presentation which tells about the history and processing of coffee at factory prices. A tour for all ages.

Whitewater Rafting Pacuare River (Class III-IV Rapids) A three hour drive from San Jose with a stop for breakfast at a typical Costa Rican restaurant. After a brief safety talk and instruction period, plunge into the river run. Stop for lunch at the riverside campsite. Virgin tropical rain forest, world-class whitewater and scenery combine to make this an unforgettable day.

Canopy Tour

A Canopy Tour consists of suspension cables on which the person will travel from platform to platform while enjoying the beauty of the forest canopy. These cables are specially designed by expert engineers, who have made it one of the safest and most thrilling adventures available for tourists in Costa Rica. Clients are equipped with high-tech harnesses to ensure their safety.

Monteverde Cloud Forrest

Monteverde is well known for the beauty and exuberance of the Cloud Forest Reserve; which is famous worldwide. It offers the visitor a large variety of trees, flowers and birds.











Manuel Antonio National Park

Manuel Antonio contains a charming combination of rain forest, beaches and coral reefs. This beaches are the most beautiful in the country, lined with lush forest, and the snorkeling is excellent too. The forest is home for sloth's, iguanas, the rare and adorable squirrel monkeys and millions of colorful little crabs. And the trail that winds around Punta Cathedral affords some spectacular views. The park is easy to reach, south of the town of

Quepos, and is near a good selection of hotels and restaurants.

Tortuga Island Cruise

Enjoy a cruise with a setting of soft ocean breezes, warm sand and the rhythmic crashes of the surf. Our Island Cruise goes to Tortuga Island, the Jewel of the studded Gulf of Nicoya, a location boasting a fortune in natural assets including a white-sand beach, turguoise water, submarine wonders and tropical dry forest. Amongst the main ecosystems, the flora and fauna that is found Includes the Candle tree, Anicillo, popularly known as black pepper, the monkey's ladder, Fig, and more. It is likely to find pacas while walking on the trails as well as a great variety of birds. Definitely a must, it's a day to remember as one of your highlights in Costa Rica.

Fishing in Costa Rica

Costa Rica is by far the most popular fishing destination in Central America. On the west coast the main attraction is the bill fishing which is excellent all year with the possible exception of October and November. From December through April the sail fishing is best in the southern half including Quepos, adjacent to the Manuel Antonio National Park, Drakes Bay and Golfito. Further north in Guanacaste at Carrillo and Tamarindo, starting around February the blue marlin fishing heats up. By late April the main body of sailfish moves northward with the best action in the Tamarindo/Flamingo area, and remains there for the rest of the season. Giant yellow fin tuna start to show up throughout the west coast sometime in April and remain available into the summer months. Inshore species such as roosterfish, snapper, mackerel, jacks and amberjack are also available throughout the year.









Shopping/Dinning

Sarchi Shopping

Just minutes from the neighboring town of Grecia, countless souvenir and hand crafted furniture makers begin emerging along both sides of the curving mountain road, each offering handmade artifacts including oxcarts, elaborately painted bowls and trays, natural wood carvings, wind chimes, paintings, hand crafted tables mark carvings hand made cigars and souvening of all kinds

tables, mask carvings, hand made cigars and souvenirs of all kinds.

Multiplaza Mall Escazú

Located off the highway to Santa Ana, this upscale two level mall boasts 246 shops, a supermarket, movie theaters and a large food court. Department stores and shops Open everyday from 9:00 am to 8:00 pm.

Restaurants

Bacchus – Santa Ana 282-5441 Mediterranean cuisine BBQ Los Anonos – San Rafael Escazú 228-0180 Steak House Cerutti – San Rafael 228-4511 Italian Inka Grill – San Rafael Escazú 289-5117 Peruvian Food Le Monastere - Santa Ana 289-4404 French Food Sabor a Lena – San Rafael Escazú 288-2503 Tipical Costarrican Food Sale e Pepe – San Rafael Escazú 289-5750 Italian Food Samurai – Escazú 228-6963 Japanese Food Taj Mahal – Santa Ana 228-0980 Hindu Restaurant Tiquicia – San Antonio 289-5839 Tipical Costarrican Food Tre Fratelli – San Rafael Escazú 289-4389 Italian Food Tuttu Li – Escazú 289-8768 Italian Food White House – San Antonio 288-6362 Steak House Bangkok – Sabana Sur 296-6110 Thailand La GuaGua – Plaza Itscazu 288-5112 Cuban Food La Luz – Santa Ana 282-4160 Nouvelle Cuisine

ITO - GCC Visit Contact Information

If you need further details on your visit to San Jose, please do not hesitate to contact us, or send an e-mail to <u>vicki.klunk@hp.com</u> We look forward welcoming you to Costa Rica!









